

Forgiveness - Why is it so difficult?

Introduction

A spirit of unforgiveness is problematic

I. Managing Conflict For Healthy Relationships

1. Certain behaviors that we just need to avoid
2. People will hurt us
3. Confronting with Love to gain an ally
4. The joy that repentance brings
5. Forgive others as God has forgiven you
6. Restoration

II. What if they don't repent?

1. We need to always be ready to forgive
2. We need to surrender our rights
3. You may need to distance yourself

III. What is forgiveness?

1. Forgiveness is not forgetting
2. Forgiveness is the dismissal of all accusations
3. Forgiveness is assuming the cost
4. Forgiveness is mandatory

Biblical Forgiveness by Ken Sande:

1. "I will not dwell on this incident."
2. "I will not bring up this incident again and use it against you."
3. "I will not talk to others about this incident."
4. "I will not let this incident stand between us or hinder our personal relationship."